

Welcome to the Sommen countryside and the Torpa trail

Lake Sommen sets the character of the landscape around Torpa and Torpön. It is sometimes claimed that the lake has as many islands as there are days in a year, a slight exaggeration as in that case one has to include also all the rocks that appear at low water.

Clear water

Sommen is a clear water lake, the depth of sight is several meters and the water is used for drinking. At its deepest the lake reaches nearly 60 meters. There are gulls, cormorants and terns and over the pine-trees you may see raven and osprey. If you are very lucky an eagle or a peregrine falcon will turn up. And at dusk you may often hear the plaintive call of a black-throated diver.

The shores present smiling meadows, forests and rocks. You will find delightful bathing from rocks at Lomsviken and at the ferry terminal.

Fish and fishing

There is a rich fauna in the lake, a total of 22 sorts of fish. Apart from the common perch, roach and pike we also find char and salmon trout. Several of the lake's fish are to be seen in the aquarium in the "Naturum". Fishing permits may be purchased on www.ifiske.se and at the petrol station in Ramfall. You will find canoes and boats for rent at Solviken and at Torpöns ferry harbour.



TORPA

The Torpa community lies along the Western shore of Sommen around the idyllic church village, beautifully situated along the lake shore. Here you will also find a steamer landing, where at times the steamer Boxholm II calls and a suitable bathing place for children. The church, the oldest parts of which stem from 13th century, is set in inviting surroundings with old buildings, among them the timbered parish hall.



Dramatic border

Along the northern border of the parish runs the stream Häradsbäcken, the calm flow of which is in places broken by dramatic waterfalls. The prettiest falls are to be found at "Skrällshål."

Bird watching

One of the best locations for bird watching is to be found at "Fågelmaderna." It came into being as a result of restoring the wet-land along the stream Linna Å. From the Holkåsa heights there is a most becoming view towards Sommen and Torpön.

TORPÖ ISLAND

The biggest island of lake Sommen is Torpön, which at the south end is connected to the mainland via a bridge and at the north end by a ferry crossing. During May to September, the 200 metres broad sound is trafficked by the ferry Viktoria. The island offers a broad range of nature including open cultivated fields, wooded meadowland mixed with pine forests and mountain tops that offer good views. The shores offer a great variety of pine woods, cliffs and dramatic rocks.



Photo: Tord Cleveson

Flowers and birdsong

In Svensbo wood on the north-east side of the island many of our deciduous trees are represented. In the spring this is a good area for birds and plants. Here is also found the remains of an old clay-pit and a brickworks. Through the woods there is a path and close by you will find Sweden's largest elm.

Large and small animals

Elks and deer are at home all over the island and the wild boar are settling in. In the island's old oaks you can, with a little luck, find the rare brown rose-chafer beetle.

Old charcoal-burning site

Lomsviken on the southern shore of the island is an excellent place for a rest or a swim with smooth rocks and pretty views over the lake. Here is a restored charcoal-burning site. In the old days large quantities of charcoal were shipped on barges to the ironworks at Boxholm. The southern promontory of Torpön is also a nature reserve with ancient pine trees a marked walk.

Farms and crofts

On the island there are about ten active farms and forestries of varying size. Thanks to considerable grazing a varying and living landscape is maintained.

Bicycling or walking

The bicycle route "Vättern-Sommenleden" crosses Torpön and is marked by red signs.

The walking trail, which is part of "Östgötaleden", takes you all round the island and is just under 30 kilometres long. Along the eastern stretch there are two shelters. The path crosses the road at several points which allows for planning of shorter walks. There are also many minor roads and foot-paths on most parts of Torpa and on the island.

Food and lodging

You can spend the night at Solviken Youth Hostel, at "Torpöns food and camp" and Stebbarp's farm B&B. In addition there are some privately owned summer houses which are rented out by their respective owners.

Enjoy your visit and please use the map and the advertisements in this brochure to find cafes, farm shops and other interesting places.



There is a small municipality called Ydre, deep in the forests of East Sweden. Many people are not even aware that this place exists.

But if you have ever visited it, experienced the bewitching countryside, dipped your toes in the clear waters of Lake Sommen, felt your nostrils tingle in the fresh air, tasted the local food and got to know someone in Ydre, then you know that you have found something special – a secret treasure.

This is why Ydre is marketed in confidential whispers so that only you can find this treasure. So listen carefully – when you hear the phrase "quality of life" whispered in your presence, you will know that your goal is close.



Group travel

The Torpa "loop" is well suited for group travel (buses may be hired) with focus on for example culture, nature and wildlife, traditional home crafts, food etc. We provide assistance in planning of longer or shorter visits.

Info: Camilla Ydrestrand, Brostorps gårdsmejeri, 0140-430 54, info@ostkaka.com

Lena Gunnarsson, Stebbarps Gård, 070-680 73 38

Anette Ekvall, Macken Ramfall, 0140-400 92

TOURIST INFORMATION

Boxholm 0142-519 01 • Tranås 0140-687 90

Ydre 0381-66 12 00 www.torpaslingan.se



1. Farm shop & Summer Café



Enjoy our homemade cheeses, Swedish cheese cake, cheese pies, jam...

Opening hours:
Call or see our website

Info@ostkaka.com



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Open? Give me a call!
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aydrestrand@gmail.com

3. NÄÄS

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www.naasbrygg.se 0140-77 01 40 www.naaskott.se

4. SECONDHAND BUTIKEN

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Ph. 076-142 67 02 Hestrvägen 10, Hestra, Ydre

5. KVARNKULLA Trädgård

Garden center

Demonstration garden • interior decoration shop • barn • café

Country air, small animals and lots of flowers

For opening hours see website or Facebook 0730-61 88 62 • kvarnkullatradgard.se

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Handcrafts including ceramics and concrete. But you'll also find some wirecraft among lots of other things.

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070-382 63 66
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www.keramikosant.se



S/S Boxholm II

Take a trip on one of Sweden's last steam powered ships, built in 1904.

Booking and information
please contact
Tranås Direkt 0140-687 90

www.boxholm2.com

6. Råås Gård

KAKEL - KLINKER - BETONGARBETEN

Sales of: Tiles and clinker bricks
Wooden and vinyl flooring

Open: Fri 2–6 pm Sat 10–1 pm
Call at other times.

Houses to rent

070-293 54 52 www.raasgard.se

7. Råås Water Mill

The old water mill environment is continually being developed. Apart from the mill itself there is a smithy and a smoke house.

Pre-booking required:
Camilla Kall Gunnarsson
Ph. 070-293 54 52
www.raaskvarn.se



8. Open every day! CONVENIENCE STORE

GUSTAVSSONS Motorverkstad Car repair shop

• coffee • Hot dogs, snacks • food • car wash
• trailer rental • camping gas • tourist info • lottery
• fishing license • can deposit machine
• non-prescription drugs

Automatic station

macken RAMFALL

Mon-Fri 7-19
Sat 9-18 (Sept-May 9-16)
Sun 10-18 (Sept-May 10-16)

0140-400 92

Mekonomen

9. Torpa Art Café

Eva Boström

Art, handicrafts and home-baked pastries in beautiful surroundings.

Opening hours during season
Wednesday–Sunday 12-17 pm.
Other hours by appointment.

Opposite Torpa church.

070-303 22 88 www.evaboström.se

10. Torpa kyrka

Torpa Church is beautifully situated on a small hill near the lake Sommen shore. It is surrounded by cultivated land and old oak trees. The oldest parts of the church have been dated as being built in the 13th century.

www.svenskakyrkan.se/ydre



Svenska kyrkan
YDRE PASTORAT

11. SOLVIKEN – hostel, conference, parties

Pleasant and affordable rooms with lake views at Solviken. Canoe rental and boat moorings. Welcome to experience this restful environment!

Open year round. Ph. 072-539 7070 www.solviken.nu

12. Stebbarps Gård, på Torpön

• Ice Cream Café • Farm shop • Bed & Breakfast

Have a "fika" (coffee, tea and something good to go with it) in a beautiful greenhouse environment! Our homemade ice cream, pastries, waffles etc

OPEN: July Wednesday through Sunday 2 to 6 pm.
May, June and August Saturday–Sunday 2 to 6 pm.

Other hours, pre-booked groups 070-680 73 38 stebbarp.se

13. restaurant • ice cream • high rope climbing

camping • café • boat petrol • ferry • canoes

072-56 08 605 torponsfarjelage.se

14. naturum Sommen

• Look
• Listen
• Feel
• Smell
• Try
• Experience!

070-29 74 722 naturumsommen.se

15. Ateljé Tita

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Blåviksvägen 19, Blåvik Ph. 0142-330 47
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